

**SUMMARY:**

Licensed Psychologist-Master with thirty years in the mental health profession, primarily in private practice, offering psychotherapy and consultation for life direction to adolescents, adults, and couples. Orientation includes extensive training in psychodynamic and object relations theory and clinical practice; feminist and interpersonal orientations and recent studies concluding with advanced certification in Somatic Experiencing for Healing Trauma, a neurobiological approach. Extensive experience in palliative care helping individuals and families cope with illness, end of life concerns and healing through grief and loss.

**EDUCATION**

M.A.	Antioch New England Graduate School Counseling Psychology: Individual and Family Therapy	Keene, NH	1984
B.A.	Burlington College Psychology and Expressive Arts Therapy	Burlington, VT	1982

**CLINICAL EXPERIENCE**

Church Street Associates in Psychology	Burlington, VT	June 1992-present
<ul style="list-style-type: none"> <li>• Somatic Experiencing for Healing Trauma</li> <li>• Women’s Developmental Issues</li> <li>• Affective Disorders/Personality Issues</li> </ul>		
The Wright House	Colchester, VT	Jan. 1998-June 1992
<ul style="list-style-type: none"> <li>• Individual Psychotherapy</li> <li>• Adolescent and Family Therapy</li> <li>• Women’s Developmental Issues</li> <li>• Women’s Psychotherapy Groups</li> </ul>		
Human Relations Associates	Winooski, VT	Dec. 1985-1987
<ul style="list-style-type: none"> <li>• Individual Psychotherapy with Adults</li> <li>• Psychotherapy with Children and Adults</li> <li>• Women’s Issues; Women’s Support Groups</li> </ul>		
Northland Job Corps Center	Vergennes, VT	Sept. 1984-Dec. 1985
<ul style="list-style-type: none"> <li>• Supervisor</li> <li>• Individual and Group Counseling, Adolescent Population</li> <li>• Crisis Intervention</li> </ul>		
Mental Health Services of Southeastern Vermont	Brattleboro, VT	Sept. 1983-July 1984
<ul style="list-style-type: none"> <li>• Individual Psychotherapy: Children, Adolescents, Adults</li> <li>• Couples, Group and Family Therapy</li> </ul>		
Chittenden Community Correctional Center	South Burlington, VT	Sept. 1982-July 1983
<ul style="list-style-type: none"> <li>• Short-term Individual Counseling</li> <li>• Group Counseling</li> <li>• Crisis Intervention</li> </ul>		
Burlington College	Burlington, VT	Sept. 1981-July 1982
<ul style="list-style-type: none"> <li>• Individual and Group Counseling</li> <li>• Expressive Arts Work</li> </ul>		

## **ADDITIONAL TRAINING AND WORKSHOPS:**

### **Somatic Experiencing Training**

Advanced II Training	Foundation of Human Enrichment	Bronx, NY	February 2008
Advanced I Training	Foundation of Human Enrichment	New York, NY	July 2007
Int. III Training	Foundation of Human Enrichment	Montpelier, VT	January 2006
Int. II Training	Foundation of Human Enrichment	Montpelier, VT	July 2005
Int. I Training	Foundation of Human Enrichment	Montpelier, VT	February 2005
Level 1 Training	Foundation of Human Enrichment	Montpelier, VT	November 2004

### **Workshops:**

<i>Brain Based Therapy: Practical Neuroscience &amp; the Healing Relationship</i> ; Bonnie Badenoch, Ph.D., LMFT; PESI; Burlington, VT	October 2010
Meditation Skills for Healing; School of Spiritual Psychology; Burlington, VT	September 2010
<i>How to Shift Symptoms of Stress, Trauma, Emotion, and Attachment with Greater Efficiency</i> , Raja Selvam, Ph.D.; New York, NY	October 2009
<i>The Conflict Between Culture and Biology</i> ; School of Spiritual Psychology; Benson, NC	October 2007
<i>Relationships: Finding Meaning in Second Half of Life</i> ; CG Jung Society; Montreal, Canada	November 2006
<i>Working with Personality Disorders</i> ; Onion River Education Network; Colchester, VT	April 2006
<i>Conversations with the Unconscious—the Analytic Pair and the Free Associative Process</i> ; VT Association for Psychoanalytic Studies; Stowe, VT	November 2005
<i>Developmental Character Structure and Somatic Experiencing: Working with the Interplay Of Developmental and Shock Trauma</i> ; with Laurence Heller, Ph.D.; Northampton, MA	June 2005
<i>The Sacred Art of Maturity</i> ; School of Spiritual Psychology; Litchfield, CT	September 2003
<i>HIPAA—Health Insurance Portability and Accountability Act</i> ; VT Psychological Association; Montpelier, VT	January 2003
<i>The Silence of the Heart: a Spiritual Psychology of Feelings and the Silence of the Heart</i> ; School of Spiritual Psychology; Great Barrington, MA	May 2002
<i>Archetypal Destiny Experience</i> ; School of Spiritual Psychology; Stamford, CT	September 2001
<i>Heart-Aches: Spiritual Psychology of the Broken Heart</i> ; Great Barrington, MA	April 2000

### **Conferences**

Legal and Professional Issues in Psychology; VT Psychological Association; Montpelier, VT	November 2010
Pediatric Palliative Care Summit; UVM College of Medicine; Burlington, VT	October 2008
Principles of Trauma Therapy; Vermont Trauma Institute; Burlington, VT	November 2008
Dementia & Neuropsychiatry; UVM College of Medicine; Burlington, VT	September 2006
Ageing Body; Ageing Mind; Institute of Natural Resources; Burlington, VT	March 2006

Ethical Decision-Making for Mental Health Professionals and the New APA Ethics Code; Vermont Psychological Association; Montpelier, VT	June 2005
Archetypal Psychology Conference with James Hillman, Ph.D.; Miriam's Well; Southbury, CT	June 2003
Ethical Issues in Treatment; Vermont Trauma Institute; Burlington, VT	November 2002
Stress and Disease; Mind Matters; Burlington, VT	May 2001
The Spontaneous Movement: Moving Away from Explanation in Analytic Therapy; VT Psychoanalytical Association; Stowe, VT	November 2001
The 21 <sup>st</sup> Century Woman: Contemporary Biopsychosocial Perspectives; Collaborative Medical Research Corporation; White River Junction, VT	November 2001
Therapeutic Wisdom: Understanding Adaptation in Development; Stowe, VT	November 2000
<b>Clinical Consultation: Women's Mental Health Issues</b>	
Peer Consultations (including women's issues)	2004-present
Women's Initiative Supervision	1997-2003
Psychiatry Rounds Activities—Women's Health; Fletcher Allen Health Care; Burlington, VT	1999-2001